

Advanced Eyecare of Orange County
Kim Doan, M.D.
Eye Physician & Surgeon

INFORMATION REGARDING DILATING EYE DROPS

Dilating drops are used to dilate or enlarge the pupils of the eye to allow the ophthalmologist to get a better view of the inside of your eye.

Dilating drops frequently blur vision for a length of time which varies from person to person and may make bright lights bothersome. It usually makes reading up close difficult and causes light sensitivity but does not usually affect distance vision. We encourage you to bring your own dark or sunglasses however, if you forget or do not have any, a pair will be provided for you. It is not possible for Dr. Doan to predict how much your vision will be affected. Because driving may be difficult immediately after an examination, we recommend that if you have never been dilated or if you feel uncomfortable after dilation then it would be best if you make arrangements not to drive yourself.

Adverse reaction, such as acute angle-closure glaucoma, may be triggered from the dilating drops. This is usually avoided by careful assessment of your eyes at the slit lamp prior to insertion of the dilating drops by Dr. Doan. This is extremely rare and treatable with immediate medical attention.